Get on Your Feet





Count: 32 Wall: 4 Level: Improver

Choreographer: Debbie Rushton (UK) - March 2024

Music: We're On Our Way - LONIS & Daphne Willis

Count in: After 32 counts on lyrics



STEP ½ TURN STEP, STEP ¼ TURN CROSS, TOUCH SWIVEL SWIVEL HITCH, BEHIND SIDE CROSS

1&2 Step L forward, Pivot 1/2 turn R taking weight onto R, Step L forward

3&4 Step R forward, Pivot 1/4 turn L, Cross R over L

5&6& Step L forward to L diagonal, Swivel both heels left raising heels off floor and raise L hip, Swivel

both heels back to Centre (weight R), Hitch L knee up

7&8 Cross L behind R, Step R to R side, Cross L over R

OUT OUT, SIDE SHUFFLE, SYNCOPATED JAZZ BOX 1/4 TURN, STEP LOCK STEP

1 2 Step R out to R side, Step L out to L side (bounce both shoulders 1&2& or shimmy!)

3&4 Step R to R side, Step L beside R, Step R to R side

5&6& Cross L over R, Make 1/4 turn L stepping back on R, Step L to L side, Scuff R forward

7&8 Step R forward, Lock L behind R, Step R forward

TAP TAP STEP, TAP TAP STEP, CROSS BACK & CROSS SHUFFLE

1&2	Touch L toe next to R, Touch L toe slightly forward to L diagonal, Step L forward to L diagonal
3&4	Touch R toe next to L, Touch R toe slightly forward to R diagonal, Step R forward to R diagonal
	Overall and D. Otto D. Leaf Otto L. C. L. allia

5 6& Cross L over R, Step R back, Step L to L side 7&8 Cross R, Step L to L side, Cross R over L

 Easier option for counts 1-4 – Step L to L diagonal bumping hips L, R, L, Step R to R diagonal bumping hips R, L, R

SIDE STRUT, CROSS STRUT, ROCK 1/4 TURN STEP, SYNCOPATED LOCK STEPS

1&2& L side strut to L side, Cross strut R over L (shimmy!)

3&4 Rock L out to L side, Recover onto R making 1/4 turn R, Step L forward

5&6& Step R to diagonal, Lock L behind R, Step R forward to R diagonal, Step L to L diagonal

7&8 Lock R behind L, Step L to L diagonal, Step R forward

TAG*

- *1) At end of wall 1 facing 3 o clock
- *2) At end of wall 2 facing 6 o clock
- *3) During wall 3 after 16 counts facing 6 o clock

ROCK RECOVER BACK, COASTER STEP, HIP BUMPS LRL, HIP BUMPS RLR

1&2	Rock forward on L, Recover back onto R, Step L back
3&4	Sten R back Sten L beside R Sten R forward

5&6 Step R back, Step L beside R, Step R forwar 5&6 Step L to L diagonal and bump hips L, R, L 7&8 Step R to R diagonal and bump hips R, L, R