## Get on Your Feet

(C(0) 0) 5ilyNo:
Count: 32
Wall: 4
Level: Improver
Choreographer: Debbie Rushton (UK) - March 2024
Music: We're On Our Way - LÒNIS \& Daphne Willis


## Count in: After 32 counts on lyrics

STEP $1 \not 12$ TURN STEP, STEP $1 / 4$ TURN CROSS, TOUCH SWIVEL SWIVEL HITCH, BEHIND SIDE CROSS
1\&2 Step L forward, Pivot $1 / 2$ turn R taking weight onto R, Step $L$ forward
$3 \& 4 \quad$ Step R forward, Pivot $1 / 4$ turn L, Cross R over L
5\&6\& Step L forward to $L$ diagonal, Swivel both heels left raising heels off floor and raise $L$ hip, Swivel both heels back to Centre (weight R), Hitch L knee up
7\&8 Cross L behind R, Step R to R side, Cross L over R

## OUT OUT, SIDE SHUFFLE, SYNCOPATED JAZZ BOX $1 / 4$ TURN, STEP LOCK STEP

12 Step R out to R side, Step L out to L side (bounce both shoulders 1\&2\& or shimmy!)
3\&4 Step R to R side, Step L beside R, Step R to R side
5\&6\& Cross L over R, Make $1 / 4$ turn $L$ stepping back on R, Step L to $L$ side, Scuff R forward
7\&8
Step R forward, Lock L behind R, Step R forward

TAP TAP STEP, TAP TAP STEP, CROSS BACK \& CROSS SHUFFLE
1\&2 Touch $L$ toe next to $R$, Touch $L$ toe slightly forward to $L$ diagonal, Step $L$ forward to $L$ diagonal 3\&4 Touch R toe next to L, Touch R toe slightly forward to R diagonal, Step R forward to R diagonal 56\& Cross L over R, Step R back, Step L to L side
$788 \quad$ Cross R, Step L to L side, Cross R over L

- Easier option for counts 1-4 - Step $L$ to $L$ diagonal bumping hips $L, R, L$, Step R to R diagonal bumping hips R, L, R

SIDE STRUT, CROSS STRUT, ROCK ¼ TURN STEP, SYNCOPATED LOCK STEPS
1\&2\& L side strut to L side, Cross strut R over L (shimmy!)
3\&4 Rock L out to L side, Recover onto R making 1/4 turn R, Step L forward
5\&6\& Step R to diagonal, Lock L behind R, Step R forward to R diagonal, Step L to L diagonal
7\&8 Lock R behind L, Step L to L diagonal, Step R forward

TAG*
*1) At end of wall 1 facing 30 clock
*2) At end of wall 2 facing 6 o clock
*3) During wall 3 after 16 counts facing 6 o clock

## ROCK RECOVER BACK, COASTER STEP, HIP BUMPS LRL, HIP BUMPS RLR

1\&2
Rock forward on L, Recover back onto R, Step L back
3\&4 Step R back, Step L beside R, Step R forward
5\&6
Step $L$ to $L$ diagonal and bump hips $L, R, L$
Step $R$ to $R$ diagonal and bump hips R, L, R

